



**June 2018 – June 2019  
ANNUAL REPORT**

**Stroke Recovery Trial Fund LTD**

**ABN: 47 604 632 582**

## CONTENTS

<b>Section 1 – An overview of Stroke Recovery Trial Fund</b>	
About us - Our mission - Our history	3
Our supporters	4
<b>Section 2 – Governance</b>	
Structure & Management	5
Managing Director’s Report	5
Our Objectives and Activities	6 -9
<b>Section 3 – Our Finances</b>	
Auditor’s & Financial statements	10-17
Treasurer’s Report	17
<b>Section 4 – Our other important information</b>	
Acknowledgements & Thank you	18
Members	18
How you can help	19
Looking to the future	20
Contact us	20
Stroke Facts	21
Think FAST	22

## ABOUT US

### Our mission

The Stroke Recovery Trial Fund LTD's activities will be, amongst other things, to educate the community about how to protect the brain from avoidable injury, and to educate people who experience brain injury and their families on how to ease suffering and distress from the symptoms of the brain tissue injury. In addition to providing online information about prevention, symptom management, and carer support, the SRTF will, amongst other things, provide community education programs in person or in the media, and will engage in raising funds to support fully pre-approved medical clinical trials of medication including but not limited to Etanercept administered by Perispinal route to treat brain inflammation as a result of stroke and brain injury (traumatic or acquired injury) including but not limited to adults adolescents (13 years and over).

Although individuals and their families will be a focus, ultimately the public stands to gain from increased public awareness, but also potentially a reduction in the financial implications of the provision of care and services for this group of people.

### Our History

The SRTF was formed on 9 March 2015 in an effort to support the unmet needs of the community in relation to both public education about brain injury and stroke, but also to fund innovate research. SRTF became a registered Australian Health Promotion charity in 2015. Exciting new scientific developments have been made in the past few years identifying that many of the chronic deficits of stroke and brain injury (and some other neurological conditions) are as the result of neuro-inflammation. It has also been identified, that in line with this groundswell of scientific literature that many scientists in the research area are making recommendations of the potential for the use of medication that could potentially decrease this inflammation. Interestingly doctors at Institute of Neurological Recovery in the USA had made this link and have been successfully treating brain injury and stroke patients with a drug that reduces neuro-inflammation and reduces and reverses some of the chronic and disabling effects of the original injury – even many years after the injury.

OUR SUPPORTERS



## STRUCTURE & MANAGEMENT

Stroke Recovery Trial Fund Ltd is registered with the Australian Charities and Not-For-Profits Commission (ACNC). ABN: 47 604 632 582

## OUR PEOPLE

Name	Position
Coralie Graham	Managing Director
Robyn Cavanagh	Director
Susan Ryan	Director
Aletha Ward	Secretary/Treasurer

## MANAGING DIRECTOR'S REPORT



### **Dr Coralie J Graham RN, BSc (Hons) Psych, PGTT, PhD**

Coralie is dually registered as a Registered Nurse and Psychologist, having also completed a PhD and Post-Graduate Certificate in Tertiary Teaching and has worked in several roles in both professional capacities. She works as an Associate Professor in the School of Nursing & Midwifery at the University of Southern Queensland where she teaches courses related to rehabilitation and disability. Coralie was one of the founding members of the SRTF, and has fulfilled the role of Managing Director since its inception.

### **MANAGING DIRECTOR'S REPORT**

Since the SRTF was formed in March 2015, we have continued to work hard, holding a number of fundraising activities in the Toowoomba and Townsville areas. In our role as an Australian Health Promotion Charity, the SRTF has presented information about Stroke prevention and how to recognise stroke at several community meetings at various Rotary and other community organisations. We have also done a number of media interviews for both television and radio about our work.

In the 4 years since our inception, we have raised sufficient money to fund the majority of the world first clinical trial using the innovative Perispinal Etanercept treatment for stroke which is having unprecedented improvements in stroke and brain injury patients, even many years after their initial injury. This world first clinical trial is currently underway with Phase 1 having just been completed.

We are now recognised in the wider community as a valued source of information and continue to receive enquiries from patients and family members both in Australia and internationally.

## OUR OBJECTIVES AND ACTIVITIES

### Community Education about Stroke Prevention

One of the roles as an Australian Health Promotion Charity is around education about stroke prevention and avoidable brain injury and support and information following these injuries. Since our inception, Coralie Graham (SRTF Managing Director) has delivered information sessions to close to 30 community organisations.

### Toowoomba Regional Council

Mayor Paul Antonio and the members of the Toowoomba Regional Council invited Coralie Graham to an informal lunch to present information about Stroke and the work of the SRTF on 23 May 2019 which was warmly received.



*Councillor James O'Shea, Mayor Paul Antonio, Dr Coralie Graham, Councillor Geoff McDonald,*

### Meeting with Federal Health Minister

A meeting with the Honourable Greg Hunt MP (Federal Minister for Health) was held on 7 September 2017. Associate Professor Steve Ralph (Griffith University School of Medical Science) and Dr Coralie Graham (SRTF) flew to Canberra (at her personal expense) and met with Minister Hunt to discuss the urgent need for additional financial support for the Griffith University Clinical Trial currently funded entirely by SRTF.

As the result of this meeting and subsequent advocacy, Minister Hunt announced \$1M for Stroke research on 6 October 2018:

<https://www.health.gov.au/internet/ministers/publishing.nsf/Content/health-mediarel-yr2018-hunt134.htm> which included funds targeted for future Perispinal Etanercept research but unfortunately the government did not make any direct funding to the current research.

### Fundraising Activities in 2018/ 2019

Event	Date
Christmas	December 2018
Easter Pick a Box	April 2019
Mother's Day Pick a Box	May 2019

## Townsville Bumper2Bumper Shining for Stroke

A huge thank you to the car enthusiasts in Townsville who raised \$3000.00 from their Townsville Bumper2Bumper Shining for Stroke event in September 2018.

## Stripes for Stroke

SRTF ran Stripes for Stroke again in September 2018 and raised both awareness and over \$1,000.00 by selling the Stripes for Stroke wristbands.



*Coralie Graham, Robyn Cavanagh and Jackson*



*Stripes for Stroke Wrist Bands*

## **Bendigo Bank Golf Day**

The very successful biannual Bendigo Bank Charity Golf Day to raise funds solely for the SRTF was held November 2018 at Toowoomba Middle Ridge Golf Club and raised \$5,905.00!



*Some of the Bendigo Bank Golf Day 2019 Trophies*



*Golfers enjoying the Bendigo Bank Golf Day 2019*

## **Griffith University School of Medicine Clinical Trial**

Phase 1 of the world-first clinical trial using Perispinal Etanercept treatment for Stroke patients being funded by the SRTF concluded in May 2019 with data currently being analysed to determine if subsequent phases are needed to be conducted prior to publication.

## **Stroll 4 Stroke**

Due to other commitments, Sam Tee (Stroll 4Stroke) has put this walk on hold at this stage and donated over \$10,000 to the SRTF. We wish Sam all the best with his future endeavours.



## **Planning Ahead**

**Health Promotion:** For Community Information Sessions (offered free of charge) on how to avoid and recognise stroke, as well as about Perispinal Etanercept Treatment please contact us.

If you are a member of a community group or organisation, our Managing Director Dr Coralie Graham is happy to come talk to your members either in person if you are in the Toowoomba or surrounding areas or via video conferencing if you are some distance away.

Please contact us at: [strokertf@gmail.com](mailto:strokertf@gmail.com) to make a suitable time.

## **Fundraising**

We are planning further raffles in 2019 and other major events including our Stripes for Stroke events (below). We welcome any suggestions and assistance from SRTF supporters and members regarding fundraising.

## **Stripes for Stroke**

On 30 August 2019 we are planning a *Stripes for Stroke* fundraising evening to be held at Another Life Coffee & Wares in Toowoomba and another similar event is currently in planning in Townsville during National Stroke week.

**AUDITOR'S REPORT:**

Tim Davis - Horizon Accounting Group (Partner)

**STROKE RECOVERY TRIAL FUND LTD  
STATEMENT BY THE COMMITTEE  
FOR THE YEAR ENDED 30 JUNE 2018**

The committee has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the committee the financial report

- (a) presents a true and fair view of the financial position of the Stroke Recovery Trial Fund Ltd as at 30 June 2018 and its performance for the year ended on that date
- (b) at the date of this statement, there are reasonable grounds to believe that the Stroke Recovery Trial Fund Ltd will be able to pay its debts as and when they fall due

Signed in accordance with a resolution of the Committee

\_\_\_\_\_  \_\_\_\_\_  
Coralie Graham

**STROKE RECOVERY TRIAL LTD  
STATEMENT OF COMPREHENSIVE INCOME  
FOR THE YEAR ENDED 30 JUNE 2018**

2017		2018
	<b>INCOME</b>	
17,894.47	Donations	17,094.21
1,102.43	Interest	832.65
<u>18,996.90</u>		<u>17,926.86</u>
	<b>EXPENDITURE</b>	
264.00	Advertising	330.00
9.00	Bank Charges	115.70
	Donations	81,483.83
	Depreciation	63.20
648.42	Fundraising - Function Costs	1,608.00
	Fundraising - Other Costs	2,844.03
109.00	Printing and Stationery	127.00
310.20	Website	77.51
<u>1,340.62</u>		<u>86,649.27</u>
<u><u>17,656.28</u></u>	<b>SURPLUS FOR YEAR</b>	<u><u>-68,722.41</u></u>

**STROKE RECOVERY TRIAL FUND LTD  
STATEMENT OF FINANCIAL POSITION  
AS AT 30 JUNE 2018**

2017		2018
	<b>ACCUMULATED FUNDS</b>	
89,117.43	Balance at beginning of year	106,773.71
17,656.28	Net Surplus for Year	-68,722.41
<u>106,773.71</u>	<b>Total Accumulated Funds</b>	<u>38,051.30</u>
	Represented by	
	<b>CURRENT ASSETS</b>	
11,998.73	Cash at Bank - Bendigo	22,035.61
91,783.98	Cash at Bank - Bendigo	12,782.32
2,991.00	Cash at Bank - Bendigo	1,239.57
<u>106,773.71</u>	<b>TOTAL CURRENT ASSETS</b>	<u>36,057.50</u>
	<b>NON CURRENT ASSETS</b>	
	Plant and Equipment	2,057.00
	Less Accumulated Depn	-63.20
<u>0.00</u>	<b>TOTAL CURRENT ASSETS</b>	<u>1,993.80</u>
<u>106,773.71</u>	<b>TOTAL ASSETS</b>	<u>38,051.30</u>
	<b>CURRENT LIABILITIES</b>	
<u>0.00</u>	<b>TOTAL LIABILITIES</b>	<u>0.00</u>
<u>106,773.71</u>	<b>NET ASSETS</b>	<u>38,051.30</u>

**STROKE RECOVERY TRIAL FUND LTD  
STATEMENT OF CHANGES IN EQUITY  
FOR THE YEAR ENDED 30 JUNE 2018**

	Accumulated Surplus	Reserves	Total
Balance at 1 July 2017	106,773.71		106,773.71
Operating Result	- 68,722.41		- 68,722.41
Balance at 30 June 2018	<u>38,051.30</u>	-	<u>38,051.30</u>
Balance at 1 July 2016	89,117.43		89,117.43
Operating Result	17,656.28		17,656.28
Balance at 30 June 2017	<u>106,773.71</u>	-	<u>106,773.71</u>

**STROKE RECOVERY TRIAL FUND LTD  
CASH FLOW STATEMENT  
FOR THE YEAR ENDED 30 JUNE 2018**

2017		Note	2018
	<b>Cash flow from operating activities</b>		
17,894.47	Receipts from customers		17,094.21
1,102.43	Interest received		832.65
- 1,340.62	Payment to suppliers		- 86,586.07
	Payment to employees		
<u>17,656.28</u>	<b>Net Cash Provided (used in) operating activities</b>	2(a)	<u>- 68,659.21</u>
	<b>Cash flow from Investing Activities</b>		
0	Proceeds from sale of property, plant and equipment		0
0	Payments for property, plant and equipment		- 2,057.00
<u>0</u>	<b>Net Cash Provided (used in) Investing Activities</b>		<u>- 2,057.00</u>
	<b>Cash flow from Financing Activities</b>		
<u>0</u>	<b>Net Cash Provided (used in) Financing Activities</b>		<u>0</u>
17,656.28	Net increase (decrease) in cash held		- 70,716.21
89,117.43	Cash and cash equivalents at beginning of financial year		106,773.71
<u>106,773.71</u>	<b>Cash and cash equivalents at end of financial year</b>	2(b)	<u>36,057.50</u>

**STROKE RECOVERY TRIAL FUND LTD  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 JUNE 2018**

**NOTE 1 - STATEMENT OF ACCOUNTING POLICIES**

This financial report is a special purpose financial report prepared for use by the Committee. The Committee has determined that the association is not a reporting entity.

The financial report has been prepared on an accruals basis and is based on historic costs and does not take into account changing money values, or except where specifically stated, current valuations of non-current assets.

The following significant accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report.

**Cash and Cash Equivalents**

Cash and cash equivalents include short-term liquid investments with original maturities of three months or less, such as cash on hand and deposits held at call with banks.

**Revenue Recognition**

Revenue is measured at the fair value of the consideration received or receivable. Interest revenue is recognised on receipt.

Grant and donation income is recognised when the entity obtains control over the funds, which is generally on receipt.

**Receivables**

Receivables are recognised at the nominal amounts due at the time of sale or service delivery.

**Trade Creditors and Other Payables**

Trade creditors and other payables are recognised on receipt of goods and services and are measured at costs.

RECONCILIATION OF OPERATING RESULT TO NET CASH FROM		2018	2017
NOTE 2(a)	OPERATING ACTIVITIES		
	Operating Surplus (deficit)	- 68,722.41	17,656.28
	<b>Non Cash Flows in Surplus (deficit) from operations</b>		
	Depreciation	63.20	
	<b>Changes in Assets and Liabilities</b>		
	Net Cash Provided From Operating Activities	<u>- 68,659.21</u>	<u>17,656.28</u>
Note 2(b)	Cash for Cash flow Purposes		
	Cash	36,057.50	106,773.71
		<u>36,057.50</u>	<u>106,773.71</u>

## INDEPENDENT AUDITOR'S REPORT

### TO THE MEMBERS OF THE STROKE RECOVERY TRIAL FUND LTD

#### Report on the Financial Report

We have audited the accompanying financial report, being a special purpose financial report, of the Stroke Recovery Trial Fund Ltd (the company) which comprises the statement of financial position as at 30 June 2017, and the statement of comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, notes comprising, a summary of significant accounting policies and other explanatory notes and the Management Committee declaration.

#### Management Committee's Responsibility for the Financial Report

The management Committee of the registered entity is responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the *Australian Charities and Not-for-profits Commission Act 2012* (ACNC Act), and the needs of the members. The management committee's responsibility also includes such internal control as the management committee determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

#### Auditors' Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We have conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditors' judgment, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the management committee's preparation that gives a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the management committee's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the management committee, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

#### Basis of Qualified Opinion

As is common for organisations of this type, it is not practicable for the entity to maintain an effective system of internal control over donations, subscriptions and other contributions until their initial entry in the accounting records.

#### Qualified Opinion

In our opinion, except for the possible effects of the matter described in the Basis of Qualified Opinion paragraph, the financial report of the Stroke Recovery Trial Fund Ltd is prepared in accordance with Division 60 of the Australian Charities and Not-for-profits Commission Act 2012, including

- (a) giving a true and fair view of the registered entity's financial position as at 30 June 2017 and of its financial performance and cash flows for the year ended on that date; and
- (b) complying with Australian Accounting Standards to the extent described in Note 1, and Division 60 of the Australian Charities and Not-for-profits Commission Regulation 2013.




**Basis of Accounting**

Without further modifying our opinion, we draw attention to Note 1 to the financial report which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the management committee's reporting responsibilities under the ACNC Act. As a result, the financial report may not be suitable for another purpose.

**Name of Firm:** Horizon Accounting Group

**Name of Director:**



TIM DAVIS

**Address:** 21 Russell Street Toowoomba

**Dated this 14<sup>th</sup> day of May 2019**

**SRTF TREASURER'S REPORT****Aletha Ward SRTF Secretary/Treasurer**

During the reporting period, the SRTF hold regular Director meetings and the minutes are audited by our accountants as part of the annual tax auditing process. A clear auditable process of written communication is made for all SRTF decisions.

**Account Balances 22 May 2019**

<b>Account</b>	<b>Balance</b>
Trading Account	\$ 5,406.15
Debit Card Account	\$ 1,777.09
Statement Account	\$ 50,750.89

In addition to the above balances, the SRTF donated \$30,000 in February 2018 to Griffith University School of Medical Science to be used for the sole purpose of conducting the Perispinal Etanercept Clinical Trial for Stroke patients at the School of Medical Sciences Clinical Trials Unit. This clinical trial is now underway with Phase 1 completed in May 2019. Additional funds are needed to complete the other phases of the clinical trial and future projects.

**ACKNOWLEDGMENTS & THANK YOU**

Thank you to our Directors and Secretary who have worked so hard in the 4 years since founding and building the SRTF and putting all of the things in place needed to successfully operate.

**Donors**

Thank you to all who have donated money, time or effort in supporting the work of the SRTF

**Corporate & community partners**

The SRTF would like to thank Bendigo Bank, Horizon Accounting, Signarama, and MacDonald Law for donating their services and expertise in helping to make the SRTF successful.

**Members**

Luke Darr	Debbie O’Keefe-Reynolds
Brenda Griffin	Ruth Perrin
Mary-Ann Georg	Pam Baker
Greg Stephan	Kris Shepherd
Krystal Reynolds	Mary McGilvray
Shannon Tippett	Jessie Berryman
Jim Berryman	

## **HOW YOU CAN HELP**

### **Become a member**

Please contact us at: [strokertf@gmail.com](mailto:strokertf@gmail.com) and we will email you an application form.

### **Volunteer your time**

Please help by sharing information about the SRTF and our work with your contacts. If you would like to help us with our fundraising, please email to let us know what skills you have that we can utilise your help in the best way possible. If you would like to be contacted to help sell raffle tickets when we have our fundraisers that would be a great help.

### **Make a donation**

All donations to the Stroke Recovery Trial Fund (\$2 and over) are tax deductible so please make your generous donation on our website: <http://strokerecoverytrialfund.org/> and your receipt will automatically be emailed to you. Please ask your contacts to make a donation to support the work of the SRTF.

### **Leave a bequest**

Please contact us at: [strokertf@gmail.com](mailto:strokertf@gmail.com) for more details

### **Support an event or fundraising activity**

Please watch our website and Facebook for details for upcoming events.

### **Become a corporate partner**

We are very grateful to our major sponsors and welcome new sponsors to join us. This is a wonderful opportunity for your business to be recognised of being part of the work to get the Perispinal Etanercept Treatment available here in Australia (and other parts of the world).

### **Other ways you can help our cause**

Please make all of your contacts aware of the work of the SRTF by sharing information about our work and supporting our fundraising efforts.

## LOOKING TO THE FUTURE

As this Annual Report is being written, there are a number of exciting developments in relation to the much needed research into the Perispinal Etanercept treatment.

- Griffith University School of Medical Science Perispinal Etanercept Clinical Trial for Stroke funded by the SRTF commenced in December 2017 with Phase 1 completed in May 2019.

Funding is still urgently needed to fund the other phases.

- A number of applications are currently being prepared by research groups to seek other main stream medical research funding for clinical trials for other population groups using the Perispinal Etanercept treatment.

- The groundswell of independent international scientific publications continues showing that neuro-inflammation following brain injury and stroke is not only occurring but is responsible for a number of chronic deficits that continue well after the initial injury. Many of these publications identify reducing this neuro-inflammation as a research priority.

- The SRTF will continue to provide information and support about brain injury and stroke, and also to raise funds for and support vital research in this area in addition to providing free presentations to Community groups wanting to know more about stroke.

## CONTACT US

Stroke Recovery Trial Fund LTD  
PO Box 478,  
Darling Heights 4350

Email: [pseag1@gmail.com](mailto:pseag1@gmail.com) or [strokertf@gmail.com](mailto:strokertf@gmail.com)

**Please see our websites:**

- Perispinal Etanercept Advocacy Group website: [www.pseag.com](http://www.pseag.com)
- Stroke Recovery Trial Fund website : <http://strokerecoverytrialfund.org/>
- Facebook : <https://www.facebook.com/StrokeRecoveryTrialFund?ref=hl>

## **Stroke Facts: Your risk of having a stroke is influenced by a number of factors.**

The more risk factors you have - the higher your chance of having a stroke.



### **Risk factors you can't control**

There are some risk factors you cannot do anything about.

These include:

- Age, as the older you get the greater your risk of stroke.
- Gender, as stroke is more common in men.
- A family history of stroke.
- Previous stroke or transient ischaemic attack (TIA).

### **Modifiable Risk factors**

However, there are a number of other risk factors for stroke or further stroke that you can do something about.

These modifiable risk factors can include:

- High blood pressure.
- Irregular pulse (atrial fibrillation or AF).
- High cholesterol.
- Diabetes.
- Smoking.
- Poor diet and lack of exercise.
- Being overweight.
- Excessive alcohol intake.

### **6 steps you can take to help reduce your risk of having a stroke**

There are six steps you can take to help reduce your risk and the danger of having a stroke:

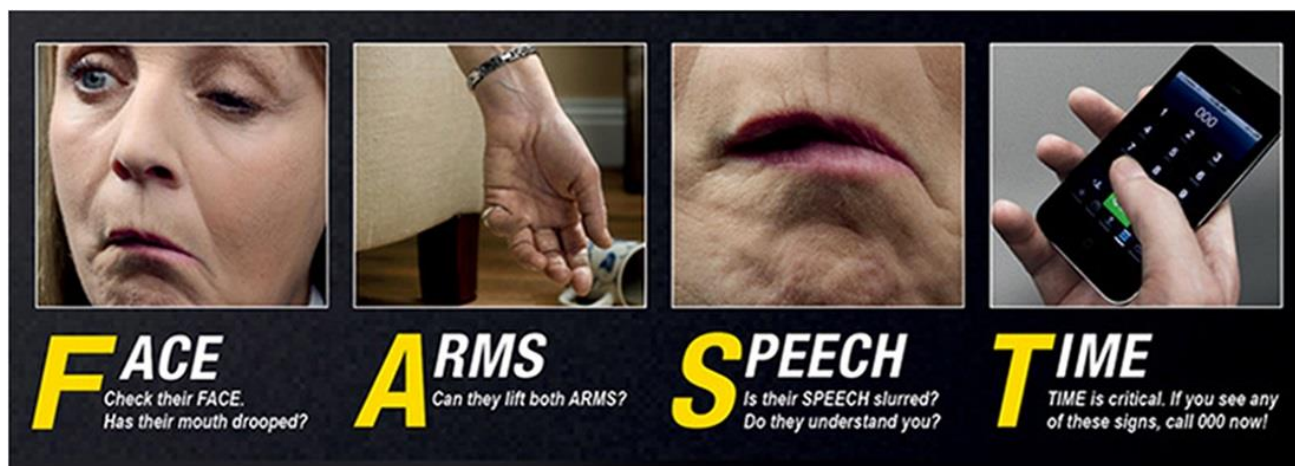
1. Make sure your blood pressure, blood cholesterol or diabetes is well managed.
2. Be physically active and exercise regularly.
3. Avoid being overweight by keeping to a healthy diet.
4. Limit alcohol consumption.
5. Avoid cigarette smoke. If you smoke, seek help to stop now.

6. Learn to recognise the warning signs of a stroke and act F.A.S.T.

## How do you know if someone is having a stroke?

### Think... F.A.S.T.

The F.A.S.T. test is an easy way to remember and recognise the signs of stroke.



Using the F.A.S.T. test involves asking these simple questions:

1. **Face.** Check their face. Has their mouth drooped?
2. **Arms.** Can they lift both arms?
3. **Speech.** Is their speech slurred? Do they understand you?
4. **Time.** Is critical. If you see any of these signs call 000 straight away.

## Stroke is always a medical emergency

**Call 000 immediately, even if the symptoms don't cause pain or go away quickly.**

The longer a stroke remains untreated, the greater the chance of stroke related brain damage. Emergency medical treatment soon after stroke symptoms begin improves the chances of survival and successful rehabilitation.

**For more information, go to the:**

Stroke Recovery Trial Fund: <http://strokerecoverytrialfund.org/education/>

Stroke Foundation: <https://strokefoundation.com.au/>