

# Stroke Recovery Trial Fund

## Newsletter 2016 (1): March 2016



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The Stroke Recovery Trial Fund LTD is a registered Australian Health Promotion charity. Our activities are to educate the community about how to protect the brain from avoidable injury, and to educate people who experience brain injury and their families on how to ease suffering and distress from the symptoms of the brain tissue injury. In addition to providing online information about prevention, symptom management, and carer support, the SRTF will, amongst other things, provide community education programs in person or in the media, and support research into new treatments for stroke and brain injury.

**Website:** <http://strokerecoverytrialfund.org/>

**Email:** [StrokeRTF@gmail.com](mailto:StrokeRTF@gmail.com)

**Facebook:** [Stroke Recovery Trial Fund](#)

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Just an update of what is happening, what we have achieved so far and where we are headed for the next few months.

In mid-2015, the Stroke Recovery Trail Fund LTD (ABN: 476 046 325 82) was registered as an Australian Health promotion charity and received our tax-deductible status (for donations \$2 and over).

### Some of the highlights of 2015

- Set up Stroke Recovery Trail Fund website: <http://strokerecoverytrialfund.org/>
- Set up Stroke Recovery Trail Fund - Facebook page – we now have well over 1000 followers!
- Continue to manage Perispinal Etanercept Action Group website : [www.pseag.com](http://www.pseag.com)
- Media have run a number of stories about SRTF– Synapse (Bridge magazine), Newspaper (Toowoomba Chronicle & Sunday Mail), Radio (ABC radio, 4GR Radio, Hot FM Radio), TV News stories (ABC TV National).
- Coralie has presented about SRTF at: 4 Rotary Clubs, Darling Downs Veteran Vintage Motor Club, and a Toowoomba group of Occupational Therapists.
- August 2015: Famous Rugby Union player **Michael Lynagh** launched his book *Blindsided* about his recovery from a Stroke and Coralie presented about SRTF work and Perispinal Etanercept treatment.



*Coralie Graham and Michael Lynagh at the book launch in Toowoomba*

- 14 August 2015 – we held a **Public meeting in Toowoomba** at Toowoomba City Golf Club. Guest speakers included Professor Ian Clark (Australia National University), Dr Coralie Graham, Paul Harris & Krystal Reynolds (who have successfully been treated with Perispinal Etanercept following stroke.)
- 15 August 2015 – we held our **Charity Launch** at Inbound Brasserie, Toowoomba – with 120 guests attending - hosted by Lee Faulkner (4GR Radio Toowoomba), Special guest speakers included Professor Ian Clark (Australia National University), Dr Coralie Graham, Paul Harris & Krystal Reynolds (who have successfully been treated with Perispinal Etanercept following stroke). The charity launch raised close to \$20,000.
- **Christmas raffle** – Car trailer plus other items, wheelbarrow plus other items, lamps – raised \$5,500.
- We have answered more than 200 emails, phone calls and Facebook messages from people asking about stroke and Perispinal Etanercept treatment
- Have raised close to \$80,000 in total
- Made our first donation of \$25,000 towards the Griffith University School of Medicine Perispinal Etanercept clinical trial for stroke
- Phase 1 of the Griffith University School of Medicine Perispinal Etanercept clinical trial for Stroke will commence in April/May 2016.

### **Plans for 2016**

- **Easter Raffle** – \$2 a ticket – Prize \$50 worth of scratchies. Drawn 12 March 2016. Please contact us if you would like to buy a ticket: [StrokeRTF@gmail.com](mailto:StrokeRTF@gmail.com)
- **Toowoomba Men's Football dinner** – fundraiser – mid 2016 watch SRTF website and Facebook page for details

- **Townsville Fundraising Ball – 21 May 2016** – auction, dinner and music. It will be a formal function at Townsville Greek Community Centre.



*Theme: Getting our heads together for Stroke - watch SRTF website for details*

- **Townsville Public Meeting – 20 May 2016** – watch SRTF website and Facebook page for details
- **Bendigo Bank – Toowoomba Golf Day at Middle Ridge Golf Club– 23 September 2016-** watch SRTF website and Facebook page for details
- **Gold Coast Philharmonic Orchestra** – will be running a fundraising event for SRTF later in 2016 - watch SRTF website and Facebook page for details
- **Pre-Christmas Raffle 2016**– Car trailer full of Christmas goodies and other great prizes – running September – October 2016 - watch SRTF website and Facebook page for details
- **Grill’d Toowoomba** – SRTF is one of the chosen community groups in for their Local Matters program in March 2016 – so those in Toowoomba – please support Grill’d in March 2016 and choose SRTF for your tokens in store so we can WIN the \$300 donation for March. (They make the yummiest burgers)

### Your suggestions

We welcome any ideas for any media to promote our work, and are happy to run any Public Meetings or talk to Community Groups in your area (where practically possible) so please send any ideas to: [StrokeRTF@gmail.com](mailto:StrokeRTF@gmail.com)

Please also encourage family, friends and colleagues to make their tax-deductible donation on our website: <http://strokerecoverytrialfund.org> and they will automatically be emailed a receipt.

Finally a huge thanks to our supporters, SRTF Directors and to our sponsors. Please support the businesses that support us!



**Photos from SRTF Charity Launch in August 2015**



*Above: Guest Speakers: Paul Harris, Professor Ian Clark, and Krystal Reynolds*



*Above: The wonderful band Ememjae who donated their wonderful music*



*Guests enjoying their evening at the SRTF Charity launch*





*Above: Coralie Graham (SRTF Managing Director) with her son Kris Shepherd and daughter Susan Ryan (SRTF Director)*



*Above: Krystal Reynolds sharing her story of recovery following Perispinal Etanercept treatment with evening host Lee Faulkner*



*Left: Rebecca Darr (SRTF Director) and Luke Darr*